



Lenawee Health Network

Mission: To improve the health and well-being of the community.

CHIP Goal: Cultivate a resilient community equipped with equitable & accessible resources empowering all to reach their highest potential for health.

August 10, 2023

Today's Agenda

- ▶ Minutes – June 08, 2023

8:00 – 8:05 Call to Order

- Purpose/Mission
- Welcome & Introductions
- Inspiration & Appreciation

8:05 – 8:15 Leadership Updates

- County Health Trends/Updates – Health Department
- Collective Impact Core: Trauma & Resilience

8:16 – 8:35 CHIP Strategy & Collaborations

- Spotlight Presentation(s):
 - ProMedica Adrian ENP Update

8:35 - 8:55 Emerging Issues

- August:
 - [National Breastfeeding Month](#)
 - [Children's Eye Health & Safety Month](#)
 - [Summer Sun Safety Month](#)
 - [National Grief Awareness Day \(08/30\)](#)
- September:
 - [Blood Cancer Awareness Month](#)
 - [Food Safety Education Month](#)
 - [Health Aging Month](#)
 - [National Childhood Obesity Awareness Month](#)
 - [National Recovery Month](#)
 - [World Alzheimer's Month](#)
- Agency Updates
- Open Discussion

9:00 Meeting Adjourned

- *Next Full LHN Meeting **September 14, 2023**, at 8:00 a.m. via Zoom.*
- *Next LHN Leadership Meeting **TBD**.*

Inspiration & Appreciation

- ▶ “Never doubt that a small group of individuals can change the world.”
Margaret Meade
- ▶ Appreciation:
- ▶ Please send any submissions recognizing our partners or residents for their great work to Frank.Nagle@ProMedica.org for a feature in our upcoming meetings.
- ▶ Submit by the 4th Friday of each month.

Community Health Updates

Lenawee County Health Department



LENAWEE COUNTY
HEALTH DEPARTMENT

Collective Impact Core Trauma & Resilience



Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

- 1. Safety: People feel physical and psychologically safe.**
 - Catholic Charities shared they have made safety installations to improve safety for staff and consumers. Installations include cameras, enhanced parking lot lighting, operational adjustments to mitigate potential risk between client and staff.
 - Department on Aging shared that they have a room dedicated to engaging directly and privately with people. This room cultivates a safe and comfortable environment for constituents.
 - Community Mental Health shared that their organization recommended a system/policy change for health insurance to ensure newly hired employees in need of their insurance do not go without.
 - Region 2 AAA shared that they added a layer of engagement with participants registering for workshops to ask if they are familiar with how to access and utilize the online platform which the workshop will take place. If people are not as familiar, they will work directly with them to orient the participant to the various functions, so they are comfortable the day of the workshop.
 - MSU-Extension shared that they use the Voice by Choice methodology to ensure participants in workshops do not feel put on the spot to participate, answer questions and to engage. It cultivates safety and avoids putting participants in uncomfortable situations.
- 2. Trustworthiness & Transparency: Decisions are made with transparency and with the goal of building and maintaining trust among the people impacted.**
 - Jackie Bradley, Lenawee Community Mental Health Authority, shared their organization developed a new strategic plan which included staff sessions and several components along the process to gather staff feedback, recommendations and to implement solutions in response.
 - MSU-Extension shared that the Continuum of Care has cultivated relationships to incorporate representation from individual(s) with lived experience in their meetings.
- 1. Peer Support and Mutual Self-Help: Opportunities are created for acceptance, understanding, and validation from people with shared experiences.**
 - At Interconnections Drop-In Center, everyone is peer support for one another. Several people were affected by Riverview Terrace closure. One person was experiencing homelessness and the staff and team provided support to the individual who was able to receive services to avoid homelessness.
 - Department on Aging shared they are pivoting the vision of Day Break Programming to focus on peer support for older adults.
 - The Human Services Building recently did an active shooter training. Following the training, Community Mental Health offered crisis debriefing.

Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

4. **Collaboration & Mutuality:** *Healing happens in relationship and in the meaningful sharing of power and decision making.*
 - *Laura Pipis shared that Lynne Punnett is leading an effort to secure housing for Riverview Terrace residents that have been displaced. In search of housing, Lynne included residents in the task force to explore suitable options and to contribute lived experience and perspective to the decision-making process.*
 - *Martha York shared that the Matter of Balance program includes a section within the 4th session that dedicates time for participants to share what they have gone through with their group. Participants have shared that it has helped to heal from trauma's they have experienced.*
 - *Cari Rebottaro shared that working with Caregivers frequently encounters children that may have decision making power on behalf of their parent(s) but continue to include their parent(s) in the decision-making process so they are informed, empowered and can avoid trauma.*

5. **Empowerment, Voice & Choice:** *Every person's experience is unique and requires an individualized approach. This builds on what individuals and communities have to offer, rather than responding to received deficits.*
 - *Marth York shared that Region 2 Area Agency on Aging is hosting a Dementia Minds event where people with dementia are having a chance to share their stories and give voice to their experience of living with dementia. The aim is to dispel the "tragedy narrative" that many stigmatize dementia as being, and instead show how they still have things to contribute in our society. Being part of this Dementia Minds group and hosting a public event that shares their stories gives them a sense of purpose as they work to educate the greater community on how to value and include people with dementia."*
 - *Laura Schultz Pipis shared that during the community's response in supporting residents at Riverview Terrace, DHHS, Department on Aging, Share the Warmth and other organizations dedicated resources to ensure all residents were connected to case worker that could support their individual needs. The team also formed a taskforce and were able to secure resident participation to ensure their voice was at the table and part of shaping the decisions and supports provided.*

6. **Cultural, Historical, & Gender Issues:** *The Community actively overcomes cultural stereotypes and biases, is culturally responsive, leverages the healing value of traditional cultural connections, and recognizes and addresses historical trauma.*
 - *MSU-Extension shared that their organization collects demographic, race/ethnicity, gender, and similar information as part of participants registering for their programs. They identified opportunity to update these questions to ensure their processes are inclusive of culture, history, and gender. This was shared as an example of how organizations embrace culture, history, and gender inclusivity in their operations.*
 - *Lenawee Community Mental Health shared that their organization changed signage in their bathrooms to be more gender inclusive. There was previous signage that stated not to flush feminine products in the toilets. This signage has been updated to state not to flush any products other than toilet paper. This is an example of their organization cultivating inclusivity into their physical environment.*

Lenawee Health Network (TOTAL - 11 responses)

Trauma Aware

Recognition & Awareness	
1	At least one work group member understands the need for TIC and is a champion
1	A group of members understand the need for TIC and are champions
0	A majority of members understand and can speak about the needs for TIC
0.64	Work group uses data to validate the need for TIC

Trauma Sensitive

Foundational Knowledge		Work Group Readiness		Process & Infrastructure	
1	A few work group members have attended foundational training about TIC	0.45	Work group has stable funding and a low level of chaos	0.36	A dedicated group within the work group is identified as TIC change agents
1	Most members have attended foundational training about TIC	0.91	Work group leadership is committed to TIC	0.09	TIC change agents include people with lived experience in the work group's priority area
0	Most members have knowledge about TIC	0.91	A majority of work group members are committed to TIC	0.36	A process of communication and info sharing is established
0.91	TIC knowledge is exchanged among members as part of the work group culture	0.45	Resources are directed to TIC efforts	0.36	TIC change agents are able to infuse TIC knowledge to other members
0.73	A group of members can apply TIC knowledge and skills	0.91	TIC is a work group priority	0.09	TIC change agents are empowered to call into question non-trauma informed policy and practice, including power structures
		0.73	Work group leaders model TIC		
		0.64	Work group leaders embody TIC		

Trauma Responsive

Gather Information		Prioritize & Create Plan	
0.36	TIC Change Agents use a process for gathering info about TIC opportunities	0.18	TIC change agents have developed a method to prioritize TIC opportunities
0.18	TIC Change Agents have reviewed policies, practices, and environment with a trauma lens	0.09	TIC change agents have created a work plan
0.82	The work group has a process for input and feedback from members and people impacted	0.09	TIC change agents monitor the work plan and use it to feed implementation efforts
0.64	The work group uses other data to identify opportunities for TIC		

Trauma Informed

Implement & Monitor		Adopt Policy & Practice	
0.64	A change to policy, practice, or environment has been initiated	0.36	A change to policy, practice, or environment has been adopted
0.36	The change is reviewed and monitored	0.27	A change to policy, practice, or environment has been institutionalized
0.45	Most changes to policy, practice, or environment have been initiated	0.27	Most changes to policy, practice, or environment have been institutionalized

• Darker colors = more positive responses

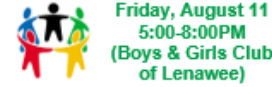
Spotlight Update: Adrian Ebeid Neighborhood Promise

- ▶ Growing Team
 - ▶ Coordinator Programming & Education
 - ▶ Coordinator Community Engagement
- ▶ August & September
 - ▶ Schedule of collaborative programs
 - ▶ Upcoming Community Event(s)

August & September Programs and Events

- ▶ Programs offered at 801 East Maumee Street, Adrian, MI 49221.
 - ▶ Partnership with Adrian Public Schools to offer programs in Adrian Community Education Center.
- ▶ Agencies partnering to mobilize their programs and services to east Adrian.
- ▶ Community members can scan the QR code to sign up for Adrian ENP communications and interest in programming.
 - ▶ Agencies will receive list of community members interested in registering for their programs.

PROGRAMS + EVENTS AUGUST 2023



Friday, August 11
5:00-8:00PM
(Boys & Girls Club
of Lenawee)

2nd Fridays at Boys and Girls Club Community Family Day
Join us for 2nd Fridays in August at the Boys and Girls Club annual Community Family Day. There will be food, bounce houses, music, games, giveaways and more. *No registration required. Just come!*



Sunday, August 13
3:30PM
(via Zoom)

Resident Coalition
All are welcome to join this monthly, A3 virtual meeting to hear about community events, updates on happenings in Adrian city government and more.

SEPTEMBER 2023



Friday, Sept. 8
5:00-8:00PM
(Parish Park)

2nd Fridays ANNUAL COMMUNITY COOKOFF
Join in the 2nd Friday's fun at Parish Park for the annual rib and dessert cookoff competition featuring great food, celebrity judges and lots of community resources. A3 will hold their regular free drawing for a bike, a compliment of ReBicycle and a gift basket thanks to Great Start. *No registration required. Just come!*



Sunday, Sept 9
3:30PM
(via Zoom)

Resident Coalition
All are welcome to join this monthly, A3 virtual meeting to hear about community events, updates on happenings in Adrian city government and more.



Mondays
6:00-7:30PM
Starting Sept. 11

Freedom From Smoking®
This 6-week program will help you quit all tobacco products, including e-cigarettes and vaping devices. We help you develop a personalized plan of action to prepare you for your quit day in week 4 and offer the support you need to remain tobacco-free for life!



Tuesday evenings
Starting Sept. 12
(Pre-registration
required)

Getting Ahead - presented by Community Action Agency
The lives of up to 12 participants in this 14-week series will be changed after learning the "hidden rules" of economic classes. Those who complete the series celebrate with a graduation ceremony and receive a \$300 stipend.



Thursdays
5:30-7:30PM
Starting Sept. 14

Financial Empowerment - presented by Community Action Agency
Have you ever struggled to pay your bills, get out of debt or not sure how to improve your credit score? This series will help you learn steps to greater financial stability and self-sufficiency. This class is in person and via zoom.



Tuesday, Sept. 26
5:30PM Dinner
6:00-7:00PM

Parenting Education (Monthly)
Join us in making Lenawee a great place for kids! Great Start welcomes all parents and caregivers of children ages 0-12 to our monthly Parent Education meetings. Connect with other parents, hear from local organizations and businesses, share your experiences and make the most of your child's early years. Childcare is provided.

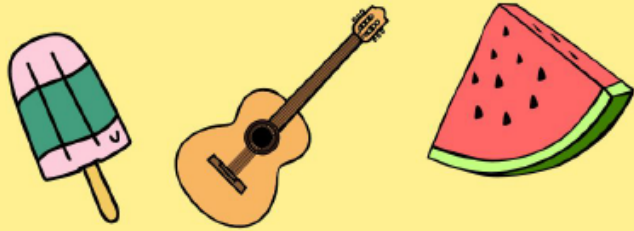
To register,
use the QR Code,
e-mail
AdrianENP@ProMedica.org
or call 517-577-0509



Join us at
**Adrian Community
Education Center at
Comstock**
801 E. Maumee St., Adrian MI 49221

Día de la Familia Comunitaria 2023

¡Comida, casas de rebote, regalos, música, juegos y más!



Únase a nosotros para una noche de diversión familiar GRATIS.

11 de agosto de 2023 – de 5PM a 8PM

**Boys & Girls Club of Lenawee
Espacio al aire libre en Frank Street**

Socios comunitarios:



**BOYS & GIRLS CLUB
OF LENAWEE**



**PROMEDICA
EBEID NEIGHBORHOOD
PROMISE**

Healthy Families, Healthy Neighborhoods.

Vendor Registration:

[https://forms.gle/ywbi3
bCvq4e2HdjCA](https://forms.gle/ywbi3bCvq4e2HdjCA)

Community Family Day 2023

Food, bounce houses, giveaways, music, games and more!



Come join us for a FREE family friendly night of fun.

August 11 , 2023 – 5 to 8PM

**Boys & Girls Club of Lenawee
Outdoor Space on Frank Street**

COMMUNITY PARTNERS:



**BOYS & GIRLS CLUB
OF LENAWEE**



**PROMEDICA
EBEID NEIGHBORHOOD
PROMISE**

Healthy Families, Healthy Neighborhoods.

August Advocacy

- National Breastfeeding Awareness Month
- National Eye Exam Month
- Summer Sun Safety Month
- National Grief Awareness Day (08/30)



September Advocacy

- [Blood Cancer Awareness Month](#)
- [Food Safety Education Month](#)
- [Health Aging Month](#)
- [National Childhood Obesity Awareness Month](#)
- [National Recovery Month](#)
- [World Alzheimer's Month](#)



Agency Updates

Thank you for joining our meeting
today!

Next meeting - Tentative
September 14, 2023

[LHN Google Drive](#)