

# PRINCIPLES OF TRAUMA-INFORMED CARE



Collective Impact Core

<b>Safety</b>	People feel physically and psychologically safe.
<b>Trustworthiness &amp; Transparency</b>	Decisions are made with transparency and with the goal of building and maintaining trust among the people impacted.
<b>Peer Support &amp; Mutual Self-Help</b>	Opportunities are created for acceptance, understanding, and validation from people with shared experiences.
<b>Collaboration &amp; Mutuality</b>	Healing happens in relationship and in the meaningful sharing of power and decision-making.
<b>Empowerment, Voice, &amp; Choice</b>	Every person's experience is unique and requires an individualized approach. This builds on what individuals and communities have to offer, rather than responding to perceived deficits.
<b>Cultural, Historical, &amp; Gender Issues</b>	The community actively overcomes cultural stereotypes and biases, is culturally responsive, leverages the healing value of traditional cultural connections, and recognizes and addresses historical trauma.