# Lenawee Health Network (LHN) Full Meeting Meeting Minutes – April 13, 2023

#### Attendees (18):

Name	Agency	Name	Agency
Frank Nagle	ProMedica	Tim Kelly	LISD
Kelly Bredeson	Adrian Public Schools- Head	Amanda Davis-Scott	Children's Advocacy Centers of
	Start		Michigan
Martha York	WellWise Services Area	Laura Pipis	United Way Monroe, Lenawee
	Agency on Aging		County
Megan DeBrabander	Boys and Girls Club	Monica Hunt	Lenawee Health Dept.
Vickie Pfeifer	MSU Extension	Bill Doherty	Doherty Dentistry
Jackie Bradley	Lenawee County Community	Juliana Moore	Care Pregnancy Center;
	Mental Health		ProMedica Diabetes Education
Beth Deakins	YMCA of Lenawee	Kara Dominique	Lenawee Medical Care Facility
Jennifer Ferrari	Family Medical Center	Madeline DeMarco	Lenawee County Community
			Mental Health
Brian Elliott	disAbility Connections	Becky Selenko	Lenawee Health Dept.

Frank Nagle called the meeting to order at 8:01 a.m.

Agenda: Motion: Jen F; Support: Brian E – motion carries to approve agenda as presented. Minutes: Motion: Jackie B; Support: Beth D – motion carries to approve minutes as presented.

## **Leadership Updates**

## Inspiration & Appreciation:

- "Vulnerability sounds like truth and feels like courage. Truth and courage aren't always comfortable, but they're never weakness." Brené Brown
- Appreciation: Special thank you to Madeline and Martha for offering their support to co-facilitate and take minutes for today's meeting! Thank you both!
- Appreciation to Laura Schulz-Pipis from United Way MLC for the 21-week challenge for continued DEI work and awareness
- Please submit quotes of inspiration or notes of appreciation please send to <u>frank.nagle@promedica.org</u> by the 4<sup>th</sup> Friday of each month.

#### *COVID-19*:

- As of April 2023, Lenawee County had 31,214 positive cumulative cases:
- Total Active Cases decreased to 52 in April 2023
- Monica Hunt Lenawee County Health Department provided the following updates:
  - Reported that the COVID-19 national emergency and public health emergency declarations end on May 11<sup>th</sup>, 2023. <a href="https://www.cms.gov/newsroom/fact-sheets/cms-waivers-flexibilities-and-transition-forward-covid-19-public-health-emergency">https://www.cms.gov/newsroom/fact-sheets/cms-waivers-flexibilities-and-transition-forward-covid-19-public-health-emergency</a>
  - A website has been created to assist everyone who does not qualify for redetermination to find alternative coverage as inexpensive as \$10/month:
     <a href="https://www.michigan.gov/difs/consumers/insurance/health-insurance/medicaid-redetermination">https://www.michigan.gov/difs/consumers/insurance/health-insurance/medicaid-redetermination</a>

     COVID Testing and Vaccinations will continue to be covered for Medicare and Medicaid recipients until Sept. 30, 2024.

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• Lenawee County Health Department continues to offer the new COVID booster by appointment. To schedule, please call 517-264-5226 and select option 2.

## **CHIP Strategy & Collaborations**

## Agency Spotlight Presentation:

- National Prescription Take Back Day happens in April and October each year.
- In Lenawee County, ProMedica Charles and Virginia Hickman Hospital, Lenawee County Sherriff's Department and Lenawee Substance Abuse Prevention Coalition collaborate to host medication disposal events twice a year, in alignment with national prescription disposal days.
- Next event is scheduled on April 22, 2023 from 10-2 pm at ProMedica Charles and Virginia Hickman Hospital.
- The event operates as a drive through event so community members don't need to get out of their vehicles.
- Community members can dispose of unused medications, liquids, ointments, sharps, pet medications, and inhalers.

### <u>Collective Impact Core</u> – Trauma & Resilience Common Agenda

- The Collective Impact Core has created a temperature check survey related to the Lenawee Health Network's progress in embracing and integrating these guiding principles into practice. Six surveys have been completed to dates. Your feedback supports the LHN and Collective Impact Core to make necessary adjustments so that meetings are trauma informed and cultivate resilience. Results from the temperature check for our workgroup were shared aggregate responses. Madeline went through the updates on the 6 components of trauma-informed care and ways our workgroup can continue working on decreasing the trauma and increasing the resiliency of our community, moving from "trauma aware" to "trauma sensitive" to "trauma responsive" to "trauma informed". Attendees were given the link to complete the survey this morning if they have not already done so.
  - o Temperature Check Survey -> <a href="https://forms.gle/YuoAYxbNm8gMqXfL7">https://forms.gle/YuoAYxbNm8gMqXfL7</a>

#### April Advocacy Month:

- National Minority Health Month
- National Alcohol Awareness Month
- o National Sexual Assault Awareness & Prevention Month
- National Parkinson's Awareness Month
- o National Stress Awareness Month
- National Child Abuse Awareness Month check with Tim Kelly for resources

#### May Advocacy Month:

- o Mental Health Awareness Month
- o National High Blood Pressure Education Month
- National Stroke Awareness Month

## **Agency Updates & Emerging Issues**

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<u>Juliana Moore – Care Pregnancy Center of Lenawee and ProMedica Diabetes Education provided the</u> <u>following update:</u>

- They are starting a "resilient kids" education for parents. Call Care Pregnancy at Family Resource Center for details.

### *Madeline DeMarco – Lenawee Community Mental Health Authority provided the following update(s):*

- On May 17the there will be an in-person training for Mental Health First Aid at United Way offices in Adrian. Day-long; free to the community. Contact Madeline to register. Flyer shared.

## Martha York - WellWise Services Area Agency on Aging provided the following update(s):

- Region 2 Area Agency on Aging has undergone a name change to "WellWise Services". We will be entering our new building in May and detail for a ribbon-cutting ceremony will be shared soon. Also, we have a Cancer PATH workshop starting 4/28/23 with space available for additional attendees. There will be a newly updated Dementia Caregiving training available through our organization in May. Martha also provides individual care consultations for people caring for someone with dementia.

## <u>Vickie Pfeifer: MSU Extension provided the following update(s):</u>

- Will be presenting a "planting seeds for health" class – gardening class at ProMedica Farms – on growing your own food.

<u>Megan DeBrabander</u>, <u>Boys and Girls Club of Lenawee provided the following update(s)</u> – new mentorship director announced they are creating a new

mentorship program and working on involving youth and the community.

## Jen Ferrari – Family Medical Center of Michigan provided the following update(s):

- is building an optometry facility. Also, Aug 7-11 is National Health week and that Tuesday FMC is doing a drive-through health fair. Includes lunch.
- Jen also notes that FMC leads Michigan in keeping their patients high blood pressure under control! They provide the blood pressure checks for the Health Check Events.

## 2023 Health Check Event - Laura Pipis shared coupons and flyer for event

LHN's next meeting is scheduled on May 11, 2023, from 8 – 9 am via ZOOM. LHN Leadership meeting is TBD.

Respectfully Submitted,

Martha York, WellWise Services