



Lenawee Health Network

Mission: To improve the health and well-being of the community.

CHIP Goal: Cultivate a resilient community equipped with equitable & accessible resources empowering all to reach their highest potential for health.

Today's Agenda

- Minutes – March 09, 2023

8:00 – 8:05 **Call to Order**

- Purpose/Mission
- Welcome & Introductions
- Inspiration & Appreciation

8:05 – 8:20 **CHIP Strategy & Collaborations**

- Spotlight Presentation(s):
 - Lenawee Drug Take Back Day
 - ProMedica Hickman Hospital, Lenawee Sherriff's Department and Lenawee Substance Abuse Prevention Coalition

8:20 – 8:35 **Leadership Updates**

- COVID-19 Updates
- Collective Impact Core: Trauma & Resilience
 - Trauma Informed Temperature Check

8:35 - 8:55 **Emerging Issues**

- April:
 - [National Minority Health Month](#)
 - [National Alcohol Awareness Month](#)
 - [National Sexual Assault Awareness & Prevention Month](#)
 - [National Parkinson's Awareness Month](#)
 - [National Stress Awareness Month](#)
- May:
 - [Mental Health Awareness Month](#)
 - [National High Blood Pressure Education Month](#)
 - [National Stroke Awareness Month](#)
- Agency Updates
 - Spring, Summer, Fall Community Events & Volunteering
- Open Discussion

9:00 **Meeting Adjourned**

- *Next Full LHN Meeting **May 11, 2023**, at 8:00 a.m. via Zoom.*
- *Next LHN Leadership Meeting **TBD**.*

Inspiration & Appreciation

- “Vulnerability sounds like truth and feels like courage. Truth and courage aren’t always comfortable, but they’re never weakness.” – Brené Brown
- **Appreciation:** Special thank you to Madeline and Martha for offering their support to co-facilitate and take minutes for today’s meeting! Thank you both!
- Please send any submissions recognizing our partners or residents for their great work to Frank.Nagle@ProMedica.org for a feature in our upcoming meetings.
- Submit by the 4th Friday of each month.



LHN LEADERSHIP

Monthly Updates

COVID-19: Lenawee Update

Lenawee County Active Cases

| | Lab-Confirmed | Probable | Total |
|---------------------------|---------------|-----------|-----------|
| New Cases This Week | 20 | 31 | 51 |
| Total Active Cases | 23 | 29 | 52 |

Lenawee County Cumulative Cases

| | Lab-Confirmed | Probable | Total | Percentage of Cumulative Cases |
|-----------------------------|---------------|--------------|---------------|--------------------------------|
| Male | 10,881 | 3,252 | 14,133 | 45% |
| Female | 12,907 | 4,174 | 17,081 | 55% |
| Discontinued from isolation | 23,434 | 7,361 | 30,795 | 99% |
| Deaths | 331 | 36 | 367 | 1% |
| Total | 23,788 | 7,426 | 31,214 | |

Lenawee County Active Cases

| | Lab-Confirmed | Probable | Total |
|---------------------------|---------------|-----------|-----------|
| New Cases This Week | 38 | 51 | 89 |
| Total Active Cases | 37 | 42 | 79 |

Lenawee County Cumulative Cases

| | Lab-Confirmed | Probable | Total | Percentage of Cumulative Cases |
|-----------------------------|---------------|--------------|---------------|--------------------------------|
| Male | 10,799 | 3,181 | 13,980 | 45% |
| Female | 12,797 | 4,065 | 16,862 | 55% |
| Discontinued from isolation | 23,228 | 7,171 | 30,337 | 98% |
| Deaths | 331 | 33 | 364 | 1% |
| Total | 23,596 | 7,246 | 30,842 | |

People Vaccinated

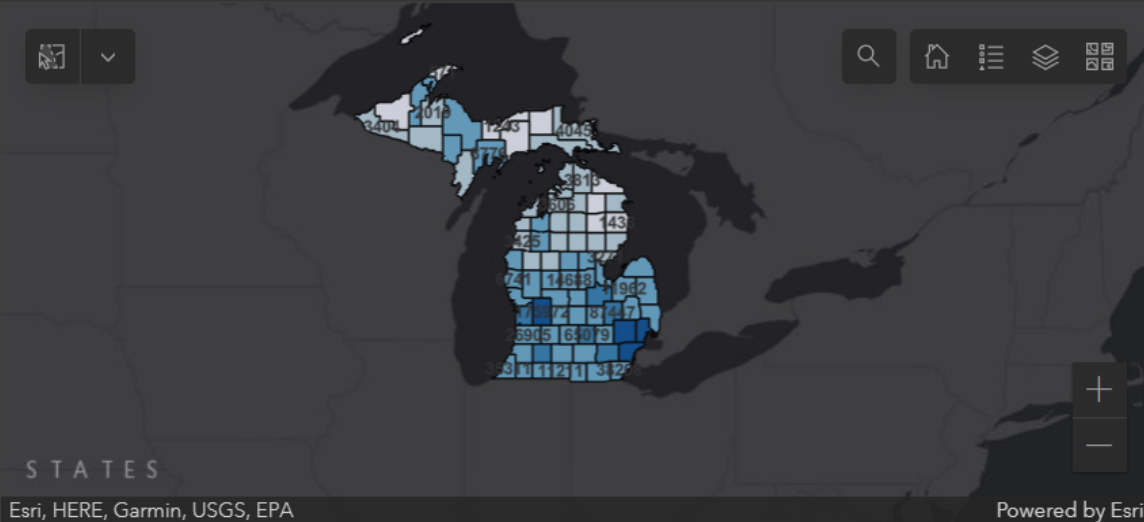
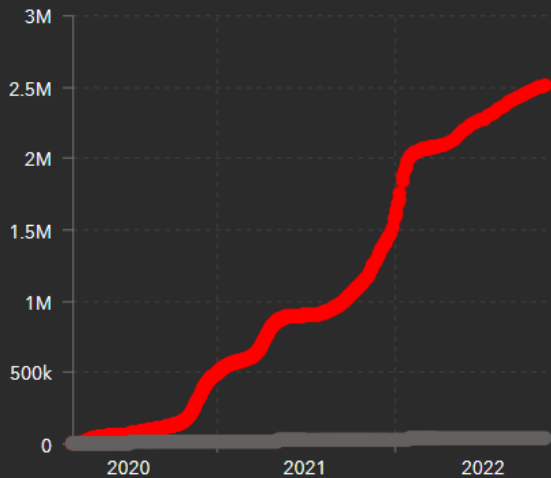
| | At Least One Dose | Completed Primary Series | Updated (Bivalent) Booster Dose |
|-----------------------------------|-------------------|--------------------------|---------------------------------|
| Total | 56,288 | 53,675 | 9,318 |
| % of Total Population | 57.2% | 54.5% | 9.5% |
| Population ≥ 5 Years of Age | N/A | 53,590 | 9,317 |
| % of Population ≥ 5 Years of Age | N/A | 57.5% | 10% |
| Population ≥ 12 Years of Age | N/A | 52,673 | 9,195 |
| % of Population ≥ 12 Years of Age | N/A | 61.6% | 10.8% |
| Population ≥ 18 Years of Age | N/A | 49,767 | 9,035 |
| % of Population ≥ 18 Years of Age | N/A | 63.8% | 11.6% |
| Population ≥ 65 Years of Age | N/A | 17,255 | 5,360 |
| % of Population ≥ 65 Years of Age | N/A | 90.1% | 28% |

Michigan COVID-19 Summary

EFFECTIVE 11/10/2022 THIS DASHBOARD IS NO LONGER BEING UPDATED

Total Confirmed Cases
 ✳️ **2,507,475**
 Michigan

Cumulative Cases and Deaths



STATES

Esri, HERE, Garmin, USGS, EPA

Powered by Esri

Cases Cumulative Deaths New Cases New Deaths

Cases by County

467,672 Cases
WAYNE County

319,646 Cases
OAKLAND County

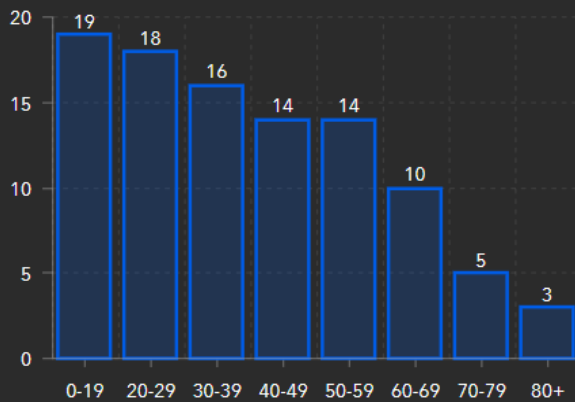
254,882 Cases
MACOMB County

175,972 Cases
KENT County

87,910 Cases
WASHTENAW County

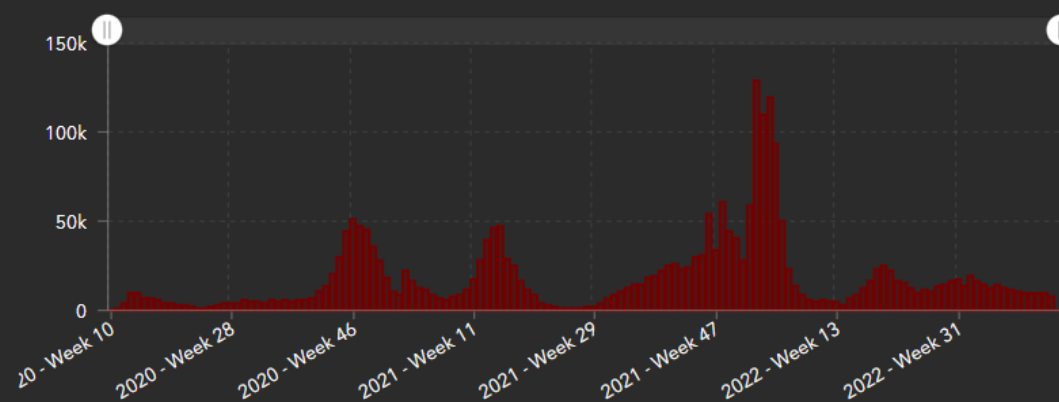
Deaths Michigan
 ❤️ **35,984**

COVID-19 Percentage of Cases by Age



Cases by Age

Total COVID Cases per Week



Cases/Week Cases/Day Deaths/Day Active Cases

Deaths per County

Deaths: 7,953
WAYNE County

Deaths: 3,988
MACOMB County

Deaths: 3,854
OAKLAND County

Deaths: 1,702
GENESEE County

Deaths: 1,462
KENT County

Total Deaths

Last Update: 11/9/22 3:00 pm

Michigan COVID-19 Sources

- Michigan.gov
 - <https://www.michigan.gov/coronavirus/>
- Lenawee County Health Department
 - <https://www.lenawee.mi.us/983/COVID-19---Vaccine>
 - <http://www.lenawee.mi.us/917/2019-Novel-Coronavirus>
 - <https://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information>
 - <https://mistartmap.info/cdc-indicators?area=county%3Alenaweeinformation>

April Spotlight Presentation
Lenawee Drug Take Back Day Event
April 22, 2023

10-2 pm

ProMedica Charles & Virginia Hickman Hospital
Drive-Thru Drop Off Event



National Prescription Take Back Day

- DEA' National Prescription Take Back Day encourages the public to safely and responsibly dispose of unneeded medications from their homes as a measure of preventing medication misuse and opioid addiction ever starting.
- Locally, sheriff's departments, healthcare and public health can collaborate to host events aligned with National Prescription Take Back Day events in April and October, annually.



Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it was great to see thousands of folks from across the country clean out their medicine cabinets and turn in - safely and anonymously - a record amount of prescription drugs.

Turn in unneeded medication for safe disposal.

Keep them safe. Clean them out. Take them back.

Visit DEATakeBack.com for a collection site near you.

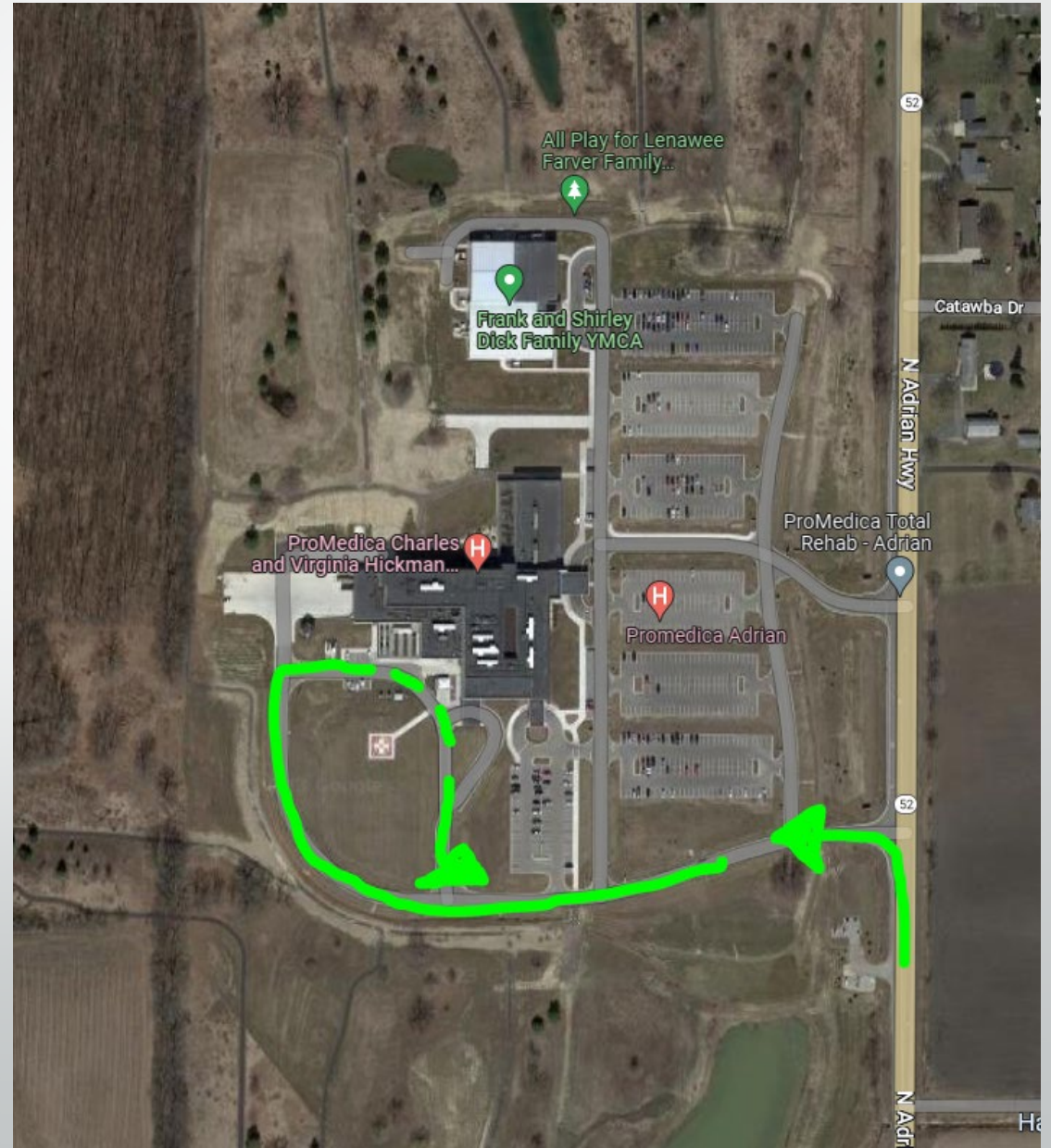
Lenawee County Drug Take Back Day Events

- Collaboration with ProMedica Charles and Virginia Hickman Hospital, Lenawee County Sheriff's department and Lenawee Substance Abuse Prevention Coalition.
- Hosted at ProMedica Hickman Hospital as a drive through event that collects:
 - Unused medications (including pet medications)
 - inhalers
 - Sharps/needles
 - Ointments and topicals
- Operated by Hospital Pharmacy with volunteer support from Pharmacy students from the University of Toledo.

| Medications Surrendered | April 2022 | October 2022 |
|---|-------------------|---------------------|
| <i>Participants</i> | Approximately 300 | Approximately 125 |
| <i>Oral Solids – Tablets & Capsules</i> | 185.2 pounds | 157.8 pounds |
| <i>Liquids – Includes Topical</i> | 109.8 pounds | 115.4 pounds |
| <i>Inhalers</i> | 11 pounds | 19.8 pounds |
| <i>Total Collected</i> | 306 pounds | 293 pounds |
| Total Collected 2022 | 599 pounds | |

April 22, 2023 Event

- **Start time:** 10 am
- **Prompt Ending:** 2 pm
 - Medications cannot be accepted after 2 pm because of DEA regulations.
- Former COVID drive through lane.
- Volunteers accept medications and offer participants “goodie bag” with medication disposal pouches and other resources



Medication Disposal in Lenawee County

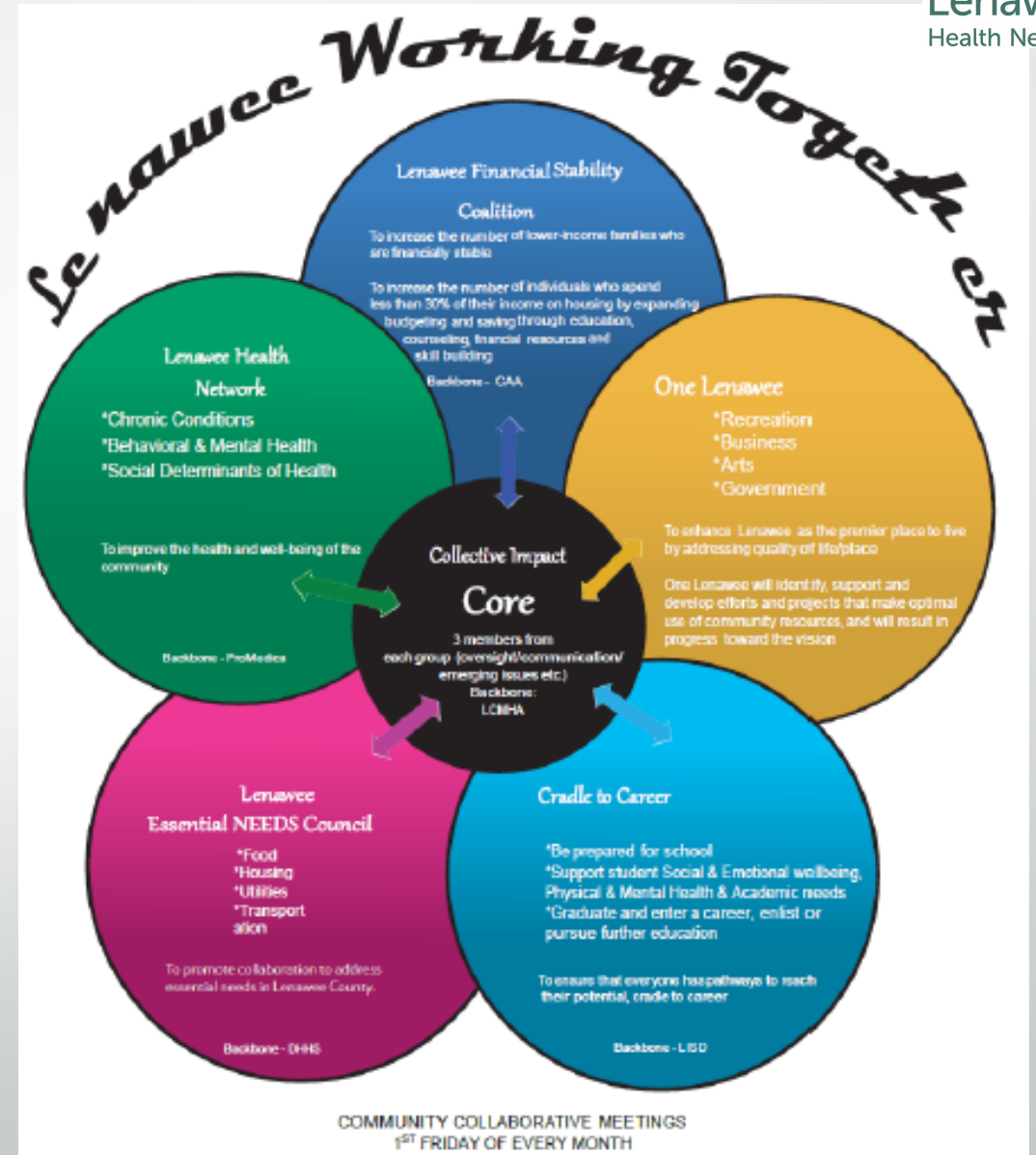
- Red Barrel Disposal Sites
- Hickman Hospital Emergency Department MedSafe Box
- October 2023 Event
- Deterra Disposal Pouches



Medicine Disposal Locations

| Red Barrels | Over the Counter Medications | | Prescription Medications | | Sharps & Syringes |
|---|------------------------------|---------|--------------------------|---------|-------------------|
| | Solids | Liquids | Solids | Liquids | |
| Adrian Police Department 155 E. Maumee St, Adrian | ✓ | | ✓ | | |
| Blissfield Village Police Department 130 S. Lane St, Blissfield | ✓ | | ✓ | | |
| Hudson Police Department 205 Railroad St, Hudson | ✓ | | ✓ | | |
| Lenawee County Sheriff's Department 405 N. Winter St, Adrian | ✓ | | ✓ | | |
| Michigan State Police - Monroe Post 300 Jones Ave, Monroe | ✓ | | ✓ | | |
| Morenci Police Department 118 Orchard St, Morenci | ✓ | | ✓ | | |
| Raisin Township Police Department 5525 Occidental Hwy, Tecumseh | ✓ | | ✓ | | |
| Tecumseh Police Department 309 E. Chicago Blvd, Tecumseh | ✓ | | ✓ | | |
| ProMedica Hickman Hospital Emergency Department | | | | | |
| 5640 N. Adrian Hwy, Adrian | ✓ | ✓ | ✓ | ✓ | |
| Meijer Pharmacy | | | | | |
| 217 E. US-223, Adrian | ✓ | | ✓ | | |
| Drug-Take Back Day | | | | | |
| Every April & October | ✓ | ✓ | ✓ | ✓ | ✓ |
| Hudson Pharmacy | | | | | |
| 325 Railroad St, Hudson | | | ✓ | | ✓ |
| Schmidt & Sons | | | | | |
| 177 W. Brooke Ln, Blissfield | | | ✓ | | ✓ |
| 120 E. Chicago Blvd, Tecumseh | | | ✓ | | ✓ |

Collective Impact Core Trauma & Resilience



Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

1. **Safety:** People feel physical and psychologically safe.

- Catholic Charities shared they have made safety installations to improve safety for staff and consumers. Installations include cameras, enhanced parking lot lighting, operational adjustments to mitigate potential risk between client and staff.
- Department on Aging shared that they have a room dedicated to engaging directly and privately with people. This room cultivates a safe and comfortable environment for constituents.
- Community Mental Health shared that their organization recommended a system/policy change for health insurance to ensure newly hired employees in need of their insurance do not go without.
- Region 2 AAA shared that they added a layer of engagement with participants registering for workshops to ask if they are familiar with how to access and utilize the online platform which the workshop will take place. If people are not as familiar, they will work directly with them to orient the participant to the various functions, so they are comfortable the day of the workshop.
- MSU-Extension shared that they use the Voice by Choice methodology to ensure participants in workshops do not feel put on the spot to participate, answer questions and to engage. It cultivates safety and avoids putting participants in uncomfortable situations.

2. **Trustworthiness & Transparency:** Decisions are made with transparency and with the goal of building and maintaining trust among the people impacted.

- Jackie Bradley, Lenawee Community Mental Health Authority, shared their organization developed a new strategic plan which included staff sessions and several components along the process to gather staff feedback, recommendations and to implement solutions in response.
- MSU-Extension shared that the Continuum of Care has cultivated relationships to incorporate representation from individual(s) with lived experience in their meetings.

1. **Peer Support and Mutual Self-Help:** Opportunities are created for acceptance, understanding, and validation from people with shared experiences.

- At Interconnections Drop-In Center, everyone is peer support for one another. Several people were affected by Riverview Terrace closure. One person was experiencing homelessness and the staff and team provided support to the individual who was able to receive services to avoid homelessness.
- Department on Aging shared they are pivoting the vision of Day Break Programming to focus on peer support for older adults.
- The Human Services Building recently did an active shooter training. Following the training, Community Mental Health offered crisis debriefing.

Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

- 4. Collaboration & Mutuality:** *Healing happens in relationship and in the meaningful sharing of power and decision making.*
- *Laura Pipis shared that Lynne Punnett is leading an effort to secure housing for Riverview Terrace residents that have been displaced. In search of housing, Lynne included residents in the task force to explore suitable options and to contribute lived experience and perspective to the decision-making process.*
 - *Martha York shared that the Matter of Balance program includes a section within the 4th session that dedicates time for participants to shared what they have gone through with their group. Participants have shared that it has helped to heal from trauma's they have experienced.*
 - *Cari Rebottaro shared that working with Caregivers frequently encounters children that may have decision making power on behalf of their parent(s) but continue to include their parent(s) in the decision-making process so they are informed, empowered and can avoid trauma.*
- 5. Empowerment, Voice & Choice:** *Every person's experience is unique and requires an individualized approach. This builds on what individuals and communities have to offer, rather than responding to received deficits.*
- *Marth York shared that Region 2 Area Agency on Aging is hosting a Dementia Minds event where people with dementia are having a chance to share their stories and give voice to their experience of living with dementia. The aim is to dispel the "tragedy narrative" that many stigmatize dementia as being, and instead show how they still have things to contribute in our society. Being part of this Dementia Minds group and hosting a public event that shares their stories gives them a sense of purpose as they work to educate the greater community on how to value and include people with dementia."*
 - *Laura Schultz Pipis shared that during the community's response in supporting residents at Riverview Terrace, DHHS, Department on Aging, Share the Warmth and other organizations dedicated resources to ensure all residents were connected to case worker that could support their individual needs. The team also formed a taskforce and were able to secure resident participation to ensure their voice was at the table and part of shaping the decisions and supports provided.*
- 6. Cultural, Historical, & Gender Issues:** *The Community actively overcomes cultural stereotypes and biases, is culturally responsive, leverages the healing value of traditional cultural connections, and recognizes and addresses historical trauma.*
- *MSU-Extension shared that their organization collects demographic, race/ethnicity, gender, and similar information as part of participants registering for their programs. They identified opportunity to update these questions to ensure their processes are inclusive of culture, history, and gender. This was shared as an example of how organizations embrace culture, history, and gender inclusivity in their operations.*
 - *Lenawee Community Mental Health shared that their organization changed signage in their bathrooms to be more gender inclusive. There was previous signage that stated not to flush feminine products in the toilets. This signage has been updated to state not to flush any products other than toilet paper. This is an example of their organization cultivating inclusivity into their physical environment.*

Lenawee Health Network (6 responses)

Trauma Aware

| Recognition & Awareness | |
|-------------------------|---|
| 1 | At least one work group member understands the need for TIC and is a champion |
| 1 | A group of members understand the need for TIC and are champions |
| 0 | A majority of members understand and can speak about the needs for TIC |
| 0.67 | Work group uses data to validate the need for TIC |

Trauma Sensitive

| Foundational Knowledge | | Work Group Readiness | | Process & Infrastructure | |
|------------------------|--|----------------------|--|--------------------------|---|
| 1 | A few work group members have attended foundational training about TIC | 0.42 | Work group has stable funding and a low level of chaos | 0.33 | A dedicated group within the work group is identified as TIC change agents |
| 1 | Most members have attended foundational training about TIC | 1.00 | Work group leadership is committed to TIC | 0 | TIC change agents include people with lived experience in the work group's priority area |
| 0 | Most members have knowledge about TIC | 1.00 | A majority of work group members are committed to TIC | 0.33 | A process of communication and info sharing is established |
| 1.00 | TIC knowledge is exchanged among members as part of the work group culture | 0.50 | Resources are directed to TIC efforts | 0.33 | TIC change agents are able to infuse TIC knowledge to other members |
| 1.00 | A group of members can apply TIC knowledge and skills | 1.00 | TIC is a work group priority | 0 | TIC change agents are empowered to call into question non-trauma informed policy and practice, including power structures |
| | | 0.67 | Work group leaders model TIC | | |
| | | 0.50 | Work group leaders embody TIC | | |

Trauma Responsive

| Gather Information | | Prioritize & Create Plan | |
|--------------------|---|--------------------------|---|
| 0.33 | TIC Change Agents use a process for gathering info about TIC opportunities | 0.17 | TIC change agents have developed a method to prioritize TIC opportunities |
| 0.17 | TIC Change Agents have reviewed policies, practices, and environment with a trauma lens | 0 | TIC change agents have created a work plan |
| 0.75 | The work group has a process for input and feedback from members and people impacted | 0 | TIC change agents monitor the work plan and use it to feed implementation efforts |
| 0.67 | The work group uses other data to identify opportunities for TIC | | |

Trauma Informed

| Implement & Monitor | | Adopt Policy & Practice | |
|---------------------|--|-------------------------|--|
| 0.50 | A change to policy, practice, or environment has been initiated | 0.33 | A change to policy, practice, or environment has been adopted |
| 0.33 | The change is reviewed and monitored | 0.17 | A change to policy, practice, or environment has been institutionalized |
| 0.33 | Most changes to policy, practice, or environment have been initiated | 0.17 | Most changes to policy, practice, or environment have been institutionalized |

Temperature Check Survey

- Temperature Check Document Review:
 - Please complete the following survey with your perspective and feedback about the LHN's current state of embracing trauma informed practices in our operations.
 - 5-10 minutes
 - Feedback is used by Collective Impact Core to inform action and strategy for our groups to progress through a continuum from trauma sensitive to trauma informed
 - Please contribute your feedback -> <https://forms.gle/YuoAYxbNm8gMqXfL7>

April Advocacy

- [National Minority Health Month](#)
- [National Alcohol Awareness Month](#)
- [National Sexual Assault Awareness & Prevention Month](#)
- [National Parkinson's Awareness Month](#)
- [National Stress Awareness Month](#)



May Advocacy

- Mental Health Awareness Month
- National High Blood Pressure Education Month
- National Stroke Awareness Month



Agency Updates & Discussion



Thank you for joining our meeting today!

Next meeting May 11, 2023

8:00 AM – 9:00 AM

Via – Zoom

[LHN Google Drive](#)