

**Lenawee Health Network (LHN)  
Full Meeting  
Meeting Minutes – October 13, 2022**

Attendees (19):

<b>Name</b>	<b>Agency</b>	<b>Name</b>	<b>Agency</b>
Juliana Moore	<i>Care Pregnancy Center of Lenawee</i>	Sue Lewis	<i>Catholic Charities of Jackson, Hillsdale and Lenawee Counties</i>
Tim Kelly	<i>Cradle to Career</i>	Brian Elliot	<i>disAbility Connections Inc.</i>
Jennifer Ferrari	<i>Family Medical Center of MI</i>	Cynthia Heady	<i>Lenawee Community Foundation</i>
Becky Selenko	<i>Lenawee County Health Department</i>	Madeline DeMarco	<i>Lenawee Community Mental Health Authority</i>
Cari Rebottaro	<i>Lenawee County Department on Aging</i>	Kelly Bredeson	<i>Adrian Public Schools Head Start</i>
Frank Nagle	<i>ProMedica</i>	Laura Covey	<i>Thome PACE</i>
Laura Pipis	<i>United Way of Monroe/Lenawee Counties</i>	Beth Deakins	<i>YMCA</i>
Jackie Bradley	<i>Lenawee Community Mental Health Authority</i>	Amy Gilhouse	<i>ProMedica Charles &amp; Virginia Hickman Hospital and Farm</i>
Matthew Raad	<i>Veterans Affairs Ann Arbor</i>	Dr. Bill Doherty	<i>Doherty Family Dentistry</i>
Martha York	<i>Region 2 Area Agency on Aging</i>		

Frank Nagle called the meeting to order at 8:02 a.m.

Agenda: Motion: MY; Support: CR – motion carries to approve agenda as presented.

Minutes: Motion: LC; Support: BD – motion carries to approve minutes as presented.

## **Leadership Updates**

### Inspiration & Appreciation:

- “Put simply, lived experience means that a person has lived through the problem that is going to be solved. People who have been closest to the problem have the most experience with it, can elevate real concerns, devise the most pointed solutions, and engage community support.” “it’s the idea of building *with* not *for*” – Victor Saucedo
- Appreciation:
  - o Amy Gilhouse: Thank you to Gus Harrison for their partnership with ProMedica Farms. Each year, they donate produce that gets donated back to the community through the Farm & Veggie Mobile. They also donate starter plants to the Farm gardens and hoop house, which help to increase the amount of fresh produce grown, harvested and distributed each year.
- Please submit quotes of inspiration or notes of appreciation please send to [frank.nagle@promedica.org](mailto:frank.nagle@promedica.org) by the 4<sup>th</sup> Friday of each month.

### COVID-19:

- As of 10/09/2022, Lenawee County has 28,806 positive cumulative cases:
  - o 134 total active cases
  - o 28,330 discontinued from isolation and improving
  - o 342 deaths
  - o 53.9% fully vaccinated
  - o 70% is vaccination rate goal

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- Lenawee County Health Department is now offering the new COVID booster by appointment. To schedule, please call 517-264-5226 and select option 2.
- Lenawee County Health Department is changing testing site hours, effective October 31, 2022. The new hours of operation are Monday/Thursday from 9-2:30 pm at the Lenawee Transportation garage. At home testing kits are also available.
- For real-time data and updates for testing and vaccines in Lenawee County please visit <http://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information>
- For real time data and updates for Michigan, please visit <https://emhsd.maps.arcgis.com/apps/opsdashboard/index.html#/ea9fb6d9caaa4937995113dbd5d0a87a>

Collective Impact Core – Trauma & Resilience Common Agenda

3. Guiding Principle #4 – Collaboration & Mutuality:

- a. Definition – Healing happens in relationship and in the meaningful sharing of power and decision-making.
- b. LHN participants shared the following examples of Collaboration & Mutuality:
  - i. Laura Papis shared that Lynne Punnett is leading an effort to secure housing for Riverview Terrace residents that have been displaced. In search of housing, Lynne included residents in the task force to explore suitable options and to contribute lived experience and perspective to the decision-making process.
  - ii. Martha York shared that the Matter of Balance program includes a section within the 4<sup>th</sup> session that dedicates time for participants to shared what they have gone through with their group. Participants have shared that it has helped to heal from trauma’s they have experienced.
  - iii. Cari Rebottaro shared that working with Caregivers frequently encounters children that may have decision making power on behalf of their parent(s) but continue to include their parent(s) in the decision-making process so they are informed, empowered and can avoid trauma.

4. Guiding Principle #5 – Empowerment, Voice, Choice

- a. Definition – Every person’s experience is unique and requires an individualized approach. This builds on what individuals and communities have to offer, rather than responding to received deficits.
- b. LHN participants will have an opportunity to share examples from their organization or personal experiences where Empowerment, Voice, and Choice were embraced to cultivate a trauma informed experience.

Webinar Opportunities –

- Partnering with Persons with Lived Experience
  - o **Webinar** - <https://youtu.be/2mBUIGsWmro>
  - o **Slides**
  - o This webinar provides an overview of the Partnering with Persons with Lived Experience Community Workshops, Shares teachable moments and learning opportunities that came out of the 2021 Community Workshops, and offers next step suggestions to communities looking to strengthen partnerships with persons with lived experience of homelessness.

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## **CHIP Strategy & Collaborations**

### Agency Spotlight Presentation:

- Laura Schultz Pipis from the United Way of Monroe & Lenawee Counties provided this month's spotlight presentation on their annual Health Check Events in Monroe & Lenawee Counties.
- Health Check event is held in Adrian twice a year and offers the community a 22 – panel blood test for \$20 or no cost if individuals are experiencing financial strain.
- The event started 40 years ago in Monroe County and has expanded to Lenawee in recent years.
- The United Way partners with ProMedica Monroe Regional Hospital and ProMedica Charles and Virginia Hickman Hospital Lab departments to conduct the lab testing for all participants.
- The United Way also partners with the Lenawee County Health Department, MDHHS, First Presbyterian Church of Tecumseh and Adrian, Family Medical Center of Michigan, Area Agency on Aging, and many more to provide additional education, services, and health related screenings at the event.
- The next event in Adrian, MI is scheduled for October 27, 2022, from 8-Noon pm. Power Point Slides, a flyer & coupons for no cost screenings will be sent in the LHN follow-up email or organizations to distribute to residents they serve.

## **Agency Updates & Emerging Issues**

### Martha York – Region 2 Area Agency on Aging provided the following update(s):

- Medicare open enrollment opens October 15, 2022, through December 7, 2022.
- This is a time that people can meet with a Certified Medicare Counselor to make sure their coverage best fits their needs, to switch from original Medicare to a Medicare Advantage Plan, to switch from a Medicare Advantage Plan to Original Medicare, to join a new Medicare Part D Prescription Plan, to change their current Medicare Part D Prescription Plan.
- Appointments can be made over the phone, virtual or in person and can be made by calling the main line at Region 2 Area Agency on Aging at 517-592-1974.
- Wellness through Physical Activity Partnering Grant Project is an in-home physical activity program that includes assessment, training, and partnering with caregivers to help improve physical activity levels, range of motion, stamina, and social connectivity. By pairing people up and teaching motivational strategies, our aim is to have both the caregiver and the participant view physical activity and exercise as fun, beneficial, and desirable for home-bound older adults. **ACTIVELY RECRUITING PARTICIPANTS AT THIS TIME:** Contact Martha York @517-395-7891 or email [livingwellprograms@r2aaa.net](mailto:livingwellprograms@r2aaa.net) if interested.

### Madeline DeMarco – Lenawee Community Mental Health provided the following update(s):

- Pathways Engagement Center is hosting Sober Events throughout October. Please see the attached calendar of events and please share.
- Lenawee County's Drug Take Back Day Event is scheduled on October 29<sup>th</sup>, 2022, at ProMedica Charles and Virginia Hickman Hospital from 10:00 am – 2:00 pm. Unused medications, sharps, liquids, ointments and inhalers can be disposed of at this event for no cost. The event operates as a drive through, so you won't even need to get out of your vehicle. The event flyer is attached to the follow-up email.

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- Lenawee Community Mental Health Authority is hosting a November Mental Health First Aid Training that still has spots open to participate. The training takes place virtually on November 15, 2022, from 9:00 am – 4:00 pm. Please contact 517-264-0181 for more information.
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Jennifer Ferrari – Family Medical Center of Michigan provided the following update(s):

- Family Medical Center hosted a lunch for Riverview Terrace residents. They had 17 people register and 8 that attended. Participants received lunch, food to take home as well as additional health related education and services.
- Family Medical Center of Michigan now has accounts on Instagram and Twitter.

**LHN’s next meeting is scheduled on November 10, 2022, from 8 – 9 am via ZOOM.  
LHN Leadership meeting is TBD.**

**Respectfully Submitted,**

Frank Nagle, MBA  
Director of Community Impact, Michigan  
Chairperson, Lenawee Health Network  
ProMedica Social Determinants of Health  
Community Relations & Social Investment