



Lenawee Health Network

Mission: To improve the health and well-being of the community.

CHIP Goal: Cultivate a resilient community equipped with equitable & accessible resources empowering all to reach their highest potential for health.

Today's Agenda

Minutes – August 11, 2022

8:00 – 8:05 **Call to Order**

- Purpose/Mission
- Welcome & Introductions
- Inspiration & Appreciation

8:05 – 8:25 **Leadership Updates**

- COVID-19 Updates
- Lenawee County Riverview Terrace State of Emergency
- Associated Charities Update
- Collective Impact Core: Trauma & Resilience
 - 6 Guiding Principles
 - Peer Support and Mutual Self-Help Definition
 - Collaboration & Mutuality
- Webinars & Resources:
 - **[Behavioral Change Models:](https://sphweb.bumc.bu.edu/otlt/mph-modules/sb/behavioralchange/theories/BehavioralChangeTheories_print.html)**
https://sphweb.bumc.bu.edu/otlt/mph-modules/sb/behavioralchange/theories/BehavioralChangeTheories_print.html
 - **[Webinar #1 in our Webinar Series on Social and Behaviour Change \(SBC\) for Improved Agriculture and Nutrition:](https://www.anh-academy.org/community/events/social-and-behaviour-change-essentials)** <https://www.anh-academy.org/community/events/social-and-behaviour-change-essentials>

8:25 – 8:40 **CHIP Strategy & Collaborations**

- Agency Spotlight: Community Based Interventions for Suicide Prevention
 - Matt Raad, LMSW – Veterans Affairs of Ann Arbor
- September:
 - [National Suicide Prevention](#)
 - [National Recovery Month](#)

8:40 - 8:55 **Emerging Issues**

- Agency Updates
- Open Discussion

9:00 **Meeting Adjourned**

- *Next Full LHN Meeting **October 13, 2022**, at 8:00 a.m. via Zoom.*
- *Next LHN Leadership Meeting **TBD**.*

Inspiration & Appreciation

- “Don’t underestimate the power of your vision to change the world. Whether that world is your office, your community, an industry or a global movement, you need to have a core belief that what you contribute can fundamentally change the paradigm or way of thinking about problems.” – Leroy Hood.
- **Appreciation:** Thank you to the organizations and individuals who have supported Associated Charities during this difficult time. Their building was vandalized and burned by an arsonist. WLEN reports no new information is released by police at this time.
- Please send any submissions recognizing our partners or residents for their great work to Frank.Nagle@ProMedica.org for a feature in our upcoming meetings.
- Submit by the 4th Friday of each month.

LHN LEADERSHIP

Monthly Updates

COVID-19: Lenawee Update

Lenawee County Active Cases

	Lab-Confirmed	Probable	Total
New Cases This Week	87	78	165
Total Active Cases	91	71	162

Lenawee County Cumulative Cases

	Lab-Confirmed	Probable	Total	Percentage of Cumulative Cases
Male	10,199	2,583	12,782	46%
Female	12,088	3,142	15,230	54%
Discontinued from isolation	21,890	5,625	27,343	98%
Deaths	306	29	335	1%
Total	22,200	5,725	28,012	

Lenawee County Vaccine Data

As of 08/28/2022

	Number of residents	% of eligible population
First Vaccine Dose	55,591	56.5%
Fully Vaccinated	52,872	53.7%
Boosted	27,818	52.6%

[Lenawee County Vaccine Data Source](#)

Lenawee County Active Cases

	Lab-Confirmed	Probable	Total
New Cases This Week	144	48	192
Total Active Cases	160	48	208

Lenawee County Cumulative Cases

	Lab-Confirmed	Probable	Total	Percentage of Cumulative Cases
Male	9,922	2,396	12,318	46%
Female	11,744	2,913	14,657	54%
Discontinued from isolation	21,205	5,232	26,437	98%
Deaths	301	29	330	1%
Total	21,666	5,309	26,975	

Lenawee County Vaccine Data

As of 07/31/2022

	Number of residents	% of eligible population
First Vaccine Dose	55,414	56.3%
Fully Vaccinated	52,682	53.5%
Boosted	27,414	52.0%

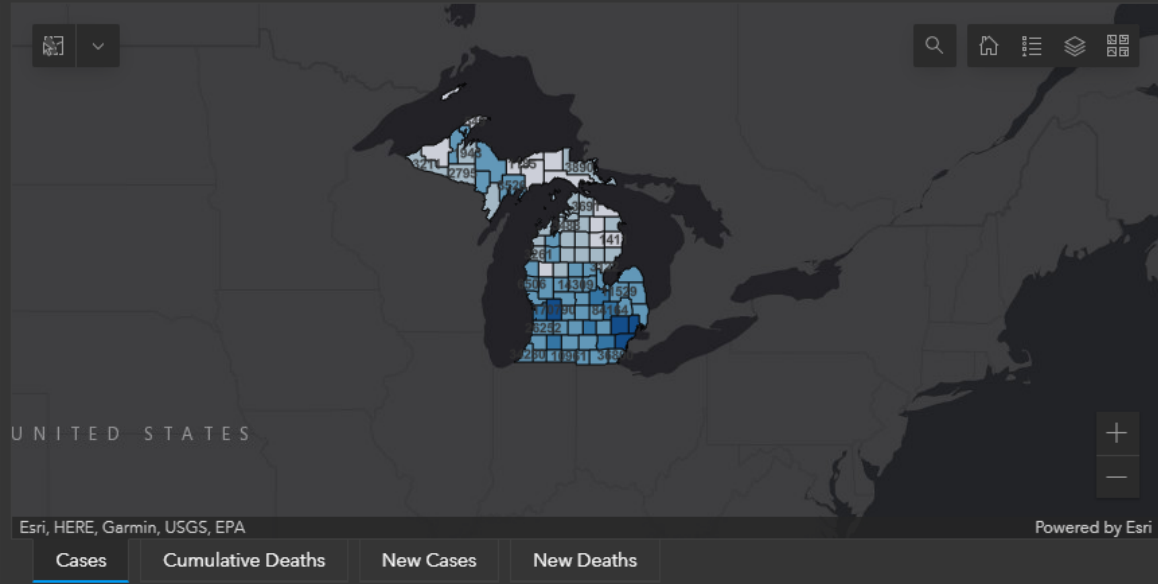
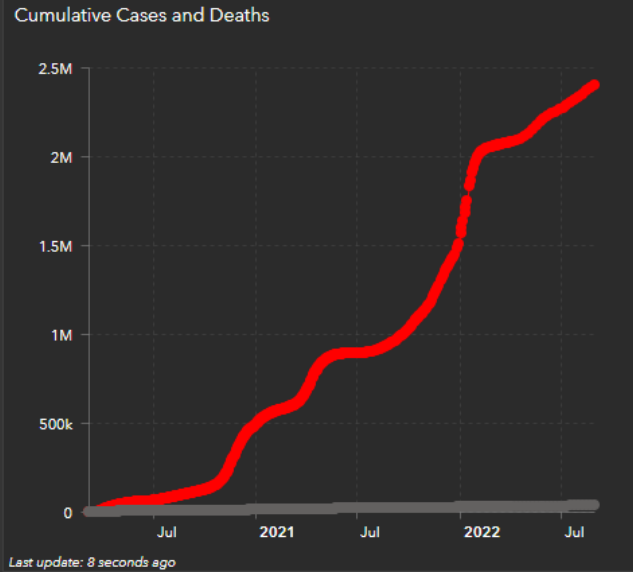
[Lenawee County Vaccine Data Source](#)

Michigan COVID-19 Summary

**Dashboard updated Tuesday's only starting 6/19/22

Total Confirmed Cases
 ✳ 2,399,555
 Michigan

Last update: 6 seconds ago



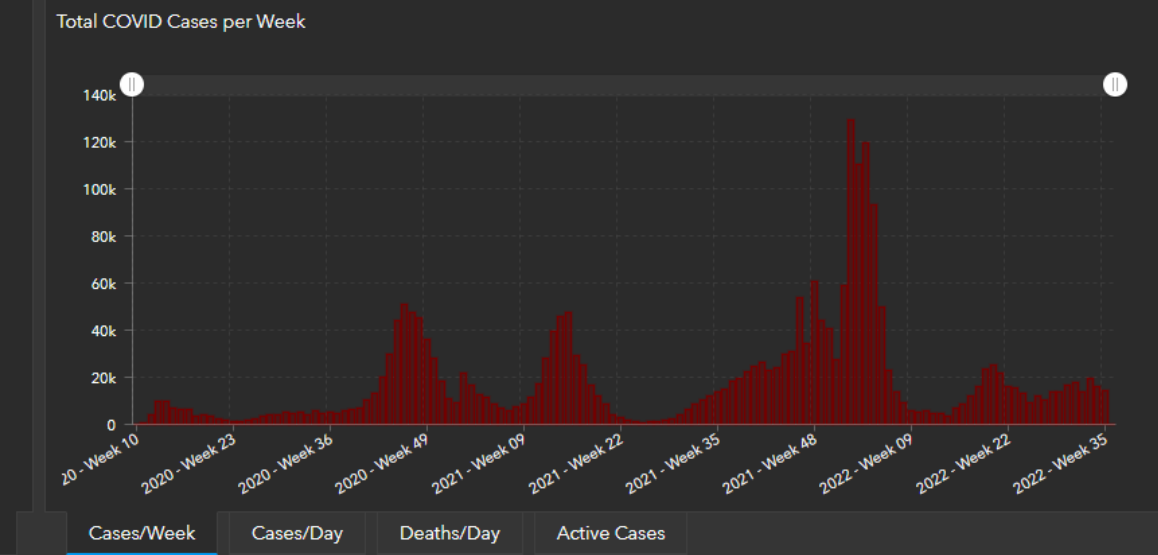
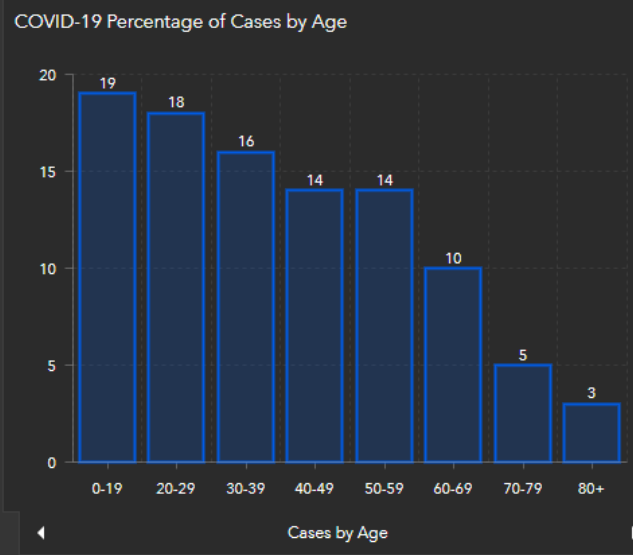
Cases by County

443,179 Cases	WAYNE County
303,975 Cases	OAKLAND County
242,584 Cases	MACOMB County
170,790 Cases	KENT County
84,164 Cases	GENESEE County
82,926 Cases	WASHTENAW County

Last update: 5 seconds ago

Deaths Michigan
 ❤️ 34,750

Last update: 8 seconds ago



Deaths per County

Deaths: 7,690	WAYNE County
Deaths: 3,868	MACOMB County
Deaths: 3,734	OAKLAND County
Deaths: 1,651	GENESEE County
Deaths: 1,409	KENT County
Deaths: 925	SAGINAW County

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Last Update: 8/30/22 3:00 pm

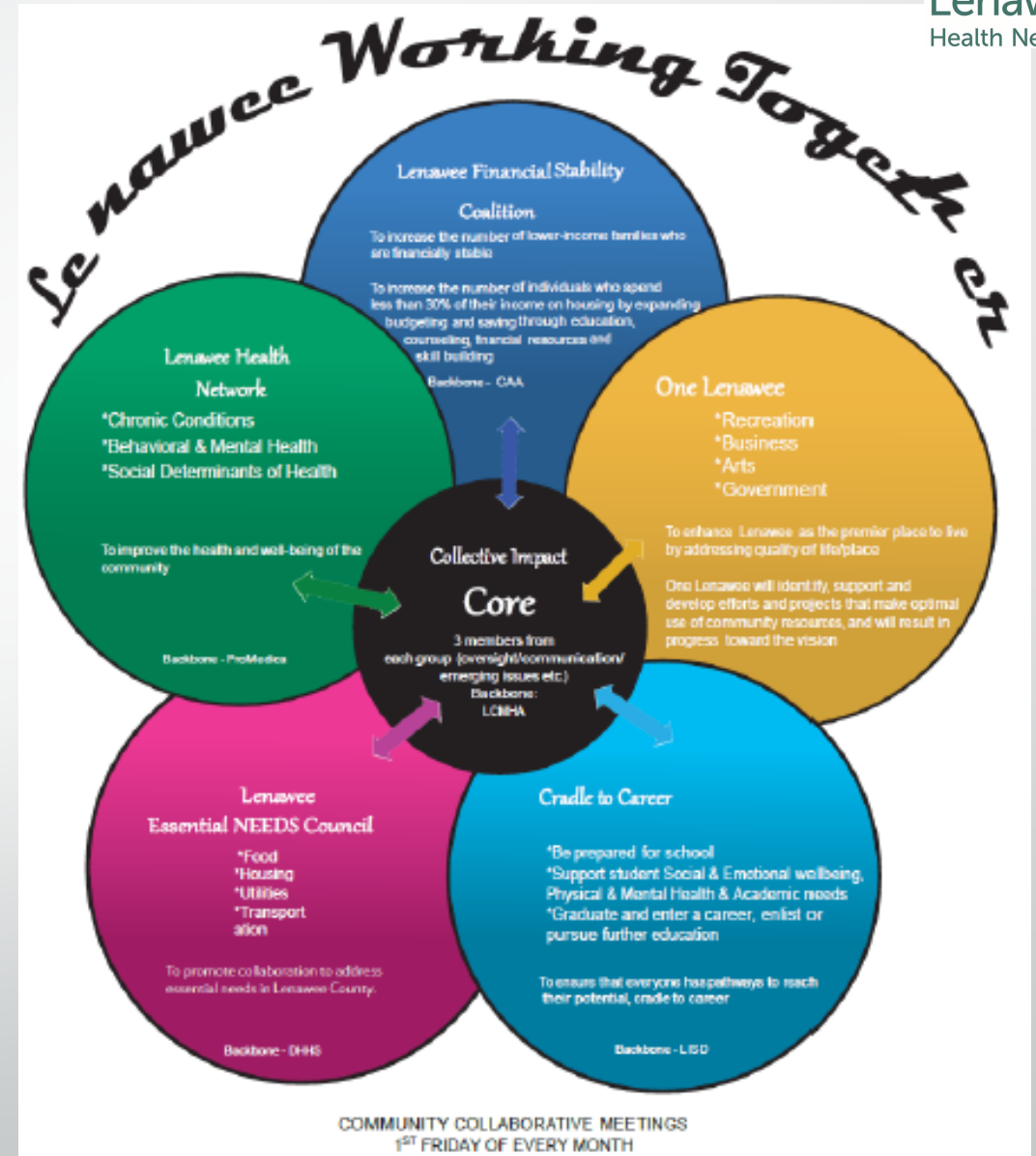
Total Deaths | Deaths Summary

Cases/Day | Deaths/Day | Active Cases

Michigan COVID-19 Sources

- Michigan.gov
 - <https://www.michigan.gov/coronavirus/>
- Lenawee County Health Department
 - <https://www.lenawee.mi.us/983/COVID-19---Vaccine>
 - <http://www.lenawee.mi.us/917/2019-Novel-Coronavirus>
 - <https://www.lenawee.mi.us/931/COVID-19-Case-Testing-Information>
 - <https://mistartmap.info/cdc-indicators?area=county%3Alenaweeinformation>

Collective Impact Core Trauma & Resilience



Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

3. Peer Support and Mutual Self-Help:

Opportunities are created for acceptance, understanding, and validation from people with shared experiences.

Examples

Guiding Principles of Trauma-Informed Care

(Adopted from Trauma-Informed Oregon's Guiding Principles of Trauma Informed Care)

4. Collaboration & Mutuality:

Healing happens in relationship and in the meaningful sharing of power and decision-making.

Webinars & Resources

[Behavioral Change Models:
https://sphweb.bumc.bu.edu/otlt/mph-
modules/sb/behavioralchangetheories/Be-
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[Webinar #1 in our Webinar Series
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and-behaviour-change-essentials](https://www.anh-academy.org/community/events/social-and-behaviour-change-essentials)

Webinar #1 in our Webinar Series on *Social and Behaviour Change (SBC) for Improved Agriculture and Nutrition* ([learn more about the series here](#))

The first out of five webinars is designed to help practitioners **gain an essential understanding of social and behaviour change**, especially:

- What SBC is (not) about
- Why some people do not practice the promoted behaviours
- Where people's knowledge fits into the process of change
- What the main misconceptions about changing people's behaviours are and why they are wrong
- What small doable actions you can take to integrate SBC into your projects effectively

You can look forward to plenty of practical examples, useful tips and resources that will enable you to apply what you learnt in your work. A substantial portion of the webinar's time will be allocated to participants' questions. The key speaker, Danielle Chekaraou, has twenty years of experience in international development, specializing in supporting the effective implementation of behaviour change strategies. She has worked for various Ministries of Health, UN Agencies, Save the Children, World Vision, Oxfam, Action Against Hunger, and other organizations.

VA



U.S. Department
of Veterans Affairs

Community Based Interventions for Suicide Prevention: Community Engagement and Partnerships Program

VA Office of Mental Health and Suicide Prevention (OMHSP)
Suicide Prevention Program

Matthew Raad/LMSW

Suicide Prevention 2.0 Community-Based Interventions for Suicide Prevention (CBI-SP)

Community Engagement & Partnership Coordinators Ann Arbor VA Healthcare System



ALISSA HARRIS



JEREMY SUTTLES



MATTHEW RAAD

VA Ann Arbor Healthcare System: Service Area



MICHIGAN



OHIO



VETERANS HEALTH ADMINISTRATION

3



Suicide as a National Problem

- Suicide is a national issue, affecting both the Veteran and general population.
- Societal factors, such as economic disparities, race/ethnicity/LGBT disparities, homelessness, social connection and isolation, and health and well-being, play additional roles in suicide.
- Coronavirus Disease 2019 (COVID-19) pandemic has also placed additional strain on our Nation and on individuals and communities.
- One suicide is heartbreaking, notably affecting an estimated 135 surviving individuals for each death by suicide.
- Our nation grieves with each suicide, necessarily prompting the collective tireless pursuit of evidence-based clinical interventions and community prevention strategies, critical to the implementation of VA's National Strategy for Preventing Veteran Suicide.

Suicide Prevention is Everyone's Business



Suicide Prevention 2.0 Vision for the Distance: Combining Community & Clinical Interventions

**Community
Engagement
and Partnership
Coordinators
(CEPCs)**

Community-Based Prevention Strategies

- Veterans Integrated Service Networks (VISN)-Wide Community Prevention (community coalition building)
- Together With Veterans (Veteran-to-Veteran building)
- Governor's/Mayor's Challenge (state-driven suicide prevention planning)



Clinically-Based Interventions

- Evidence-based psychotherapies & interventions implemented through clinical video telehealth
 - Cognitive Behavior Therapy for Suicide Prevention (CBT-SP)
 - Problem-Solving Therapy for Suicide Prevention (PST-SP)
 - Dialectical Behavior Therapy
 - Safety Planning Intervention

VA



U.S. Department
of Veterans Affairs

Suicide Prevention Team Integration and Coordination

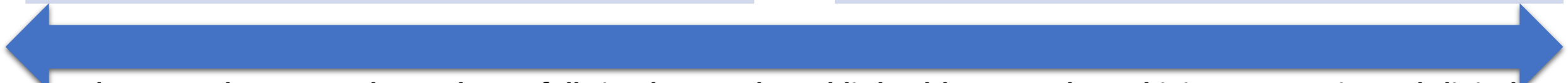
Community Engagement and Partnership Coordinators (CEPC)

- Establish New Community Coalitions / Support Existing Coalitions
- Facilitate Community, Regional, and State-Level Efforts to Implement Evidence-Informed Community-Based SP Practices
- ☐ Bolster the public health approach through:
 - Community engagement, coalition building, needs assessment and environmental scans, action planning, implementation of systems and community-level change initiatives, program evaluation, and sustainment of community efforts/coalitions



Suicide Prevention Coordinators (SPC)

- Enhanced Care Management of Veterans at High Risk of Suicide
- Facility Suicide Prevention Program Coordination and Implementation of Clinical Evidence-Based Practices for SP
- Veterans Crisis Line Facility Consultant
- Community Outreach and Education
- Facility Suicide Prevention Training



Both SPCs and CEPCs work together to fully implement the public health approach combining community and clinical interventions to reach all Veterans across the universal, selective and indicated populations.

Focused Priority Areas Across CBI-SP Unifying Model



Identify Service Members, Veterans, and their Families and Screen for Suicide Risk

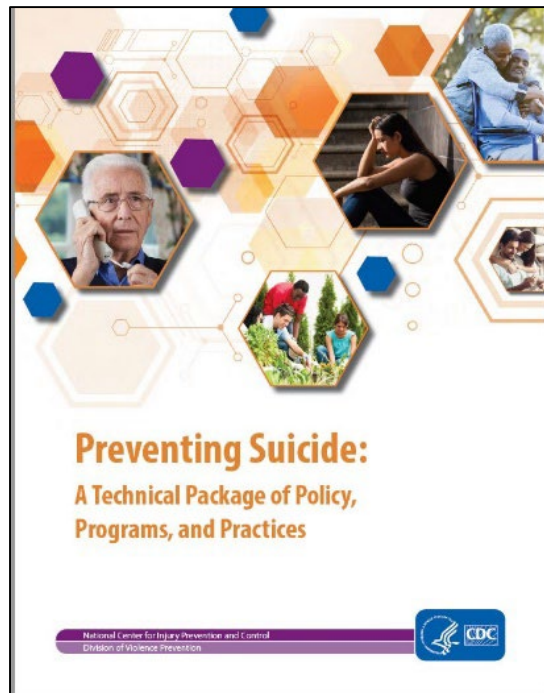









Promote Connectedness and Improve Care Transitions



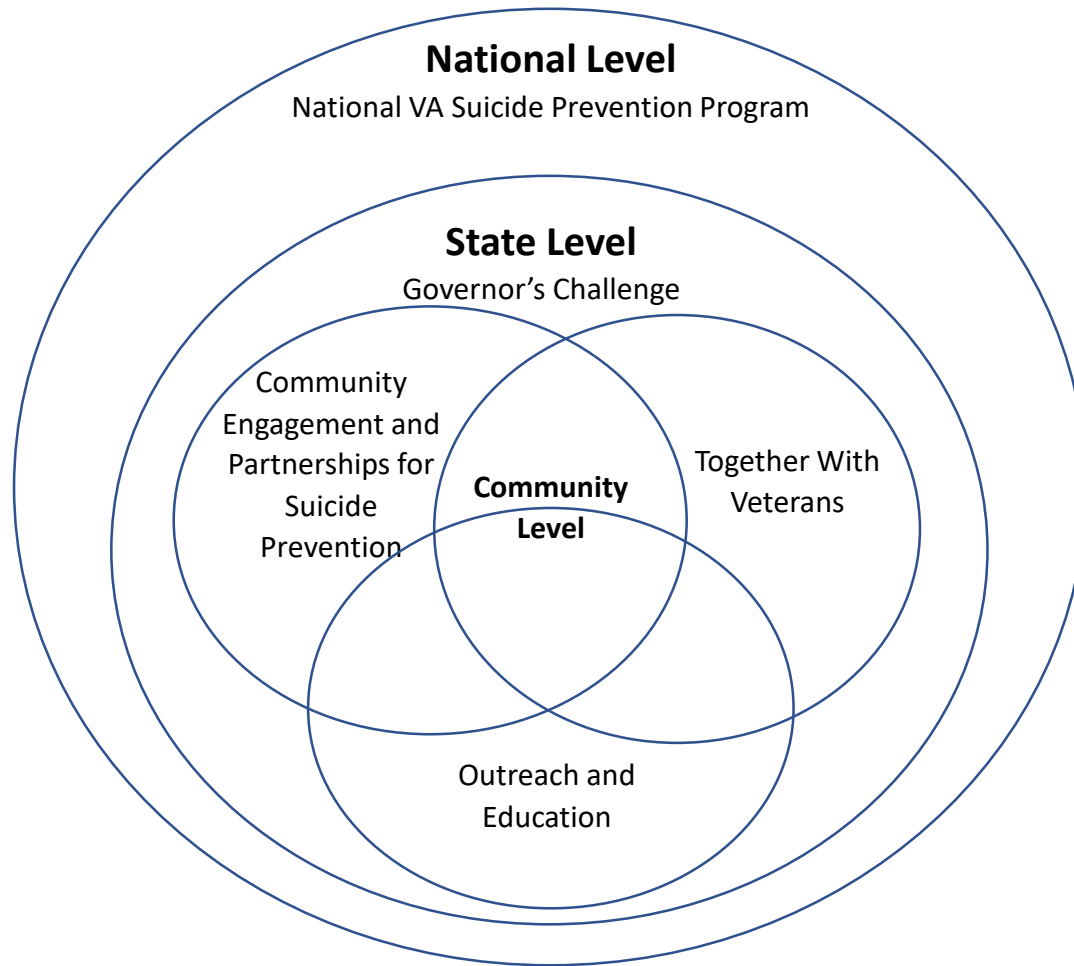
Increase Lethal Means Safety and Safety Planning

CDC's Preventing Suicide Technical Package



-  Strengthen Economic Supports
-  Strengthen Access and Delivery of Suicide Care
-  Create Protective Environments
-  Promote Connectedness
-  Teach Coping and Problem-Solving Skills
-  Identify and Support People at Risk
-  Lessen Harms and Prevent Future Risk

Community-Based Interventions



Community-Based Interventions for Suicide Prevention (CBI-SP) serves as unifying model, from national to community levels, for all community-based efforts to end Veteran suicide.

- ***The Governor's Challenge*** is a collaboration with VA and SAMHSA where state policy makers partner with local leaders to implement a comprehensive suicide prevention plan.
- ***Together with Veterans*** is focused on Veteran-to-Veteran coalition building and Veteran leadership development for suicide prevention.
- ***Community Engagement and Partnerships for Suicide Prevention (VISN Expansion)*** is focused on facilitating community coalition building for suicide prevention

Outreach and Education provides SAVE, VHA facility partnerships, events, etc. through local Suicide Prevention Coordinators (SPCs) and does not change their critical role.

Community Engagement and Partnerships Program: Anticipated Outcomes

Short-Term Objectives

- Enhanced suicide prevention networks
- Increased engagement with Veterans
- Increased reach and adoption of CBI-SP
- Reduced gaps in community-based suicide prevention systems
- Improved community climate outcomes

Intermediate Objectives

- Increased formal help-seeking / use of care
- Increased referrals from multiple sources
- Improved treatment engagement and retention among Veterans seeking care
- Enhanced community collaboration regarding Veteran services and suicide prevention
- Increased access to safe firearms storage options
- Increased willingness to discuss and use safe firearms storage

Population Impact

- Reduced Veteran suicide deaths and attempts
- Reduced all-cause mortality
- Reduced suicide ideation

Partnerships Lead to Better Outcomes

- Partnerships promoted by healthcare organizations with communities have been shown to improve patient outcomes (Clyne et al., 2012).
- Implementing research-informed communication efforts designed to prevent Veteran suicide by changing knowledge, attitudes, and behaviors is critical. The U.S. Air Force implemented a public health universal approach which significantly lowered suicide rates through comprehensive organizational changes including communication efforts (Knox et al., 2010).
 - This model also included gatekeeper training which has been shown to reduce suicidal ideation and deaths by suicide while positively affecting the knowledge, skills, and attitudes of trainees through improving communication (Isaac et al., 2009).

Community Engagement and Partnership Coordinator (CEPC) Overview

**Enhance
& Expand**

Current VA
Suicide
Prevention
efforts

Active Member
of the Local VA
Suicide
Prevention
Team

**Non-Clinical
Role**
100%
Administrative

**Educate on
Suicide
Prevention**
Strategies, crisis
management,
and program
evaluation

**Coalition
Building**
Actively work
with key
stakeholders at
the community,
state & VISN
levels

Public Health
Planning,
Partnership &
Collaboration
for suicide
prevention

Contact Information

- Matthew Raad: Matthew.Raad@VA.GOV Direct: 734-968-9318
- Washtenaw, Livingston, Lenawee

- Jeremy Suttles: Jeremy.Suttles@VA.GOV Direct: 734-644-2336
- Genesee, Monroe, & Wood County (Ohio)

- Alissa Harris: Alissa.Harris@VA.GOV Direct: 734-255-4911
- Hillsdale, Jackson, EMU Campus

Discussion & Questions

Agency Updates & Discussion



Thank you for joining our meeting today!

Next meeting October 13, 2022
8:00 AM – 9:00 AM
Via – Zoom

[LHN Google Drive](#)